

The Indiana Commission to Combat Drug Abuse



Behavioral Health Division

Comprehensive Community Plan

County: Posey

LCC Name: Promoting a Drug-free Community in Posey County, Inc.

LCC Contact: Donna Curtis

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County Commissioners: Jay Price, Carl Schmitz, and Randy Thornburg

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City: Mt. Vernon

Zip Code: 47620

Vision Statement

Posey County is substance free and remains substance free through community collaboration and continuing education.

Mission Statement

To plan, develop, and implement a comprehensive strategy to educate about, to reduce, and to prevent use of tobacco products, alcohol, and drugs in Posey County through community collaboration.

Membership List					
#	Name	Organization	Race	Gender	Category
1	Donna Curtis	Office of the Clerk	White	Female	County government
2	Beth Baro	Willow Tree	White	Female	Community agency
3	Korbin Sellers	Mt. Vernon Police Department	White	Male	Law enforcement
4	Melissa Stacer	University of Southern Indiana	White	Female	Education
5	Meghan Trevino	Southwestern Behavioral Healthcare	White	Female	Community agency
6	Beth Russell	Family Matters	White	Female	Community agency
7	Beth Schilling	Big Brothers Big Sisters	White	Female	Community agency
8	Andrea Biggerstaff	Tobacco-free Posey County	White	Female	Community agency
9	Michelle Lovelady-Smith	Southwestern Behavioral Healthcare	White	Female	Community agency
10	Dustin Seitz	Posey County Sheriff Department	White	Male	Law enforcement
11	Kyle Jones	MSD of Mt. Vernon	White	Male	Education
12	Melanie Reising	Department of Child Services	White	Female	State government
13	Martye Fitts	Posey County Health Department	White	Female	County agency
14	Cheryl Reich	Posey County Health Department	White	Female	County agency
15	Grace Wilson	Youth First	White	Female	Community agency
16	Susie Schenk	N/A	White	Female	N/A
17	John Campbell	Posey County Community Foundation	White	Male	County agency
18	Thomas Clowers	Prosecutor Office	White	Male	County agency
19	Justin Rutledge	Posey County Community Corrections	White	Male	County agency

LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year: The LCC meets once monthly throughout the year: January 6, February 3, March 2, April 6 (cancelled), May 4, June 8, July 6, August 3, September 8, October 5, November 9, and December 7, 2020. Meetings are generally held at Mt. Vernon Police and Fire Station Meeting Room, 311 College St., Mt. Vernon.

Community Needs Assessment: Results

The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.

Community Profile

County Name: Posey
County Population: Around 26,000
Schools in the community: There are two school districts, MSD of Mt. Vernon and MSD of North Posey County.
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.): Seven physicians, two optometrists, one medical clinic, one express medical clinic, Posey County Health Department, and three dental clinics. There is no hospital or community clinic; the nearest hospital is approximately 20 to 45 miles from various county locations.
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, public/private providers, etc.): Posey County has one provider, Southwestern Behavioral Healthcare, Inc. that is in the southern part of the county.
Service agencies/organizations: Department of Child Services, Willow Tree (domestic violence), Southwestern Behavioral Healthcare, Big Brothers Big Sisters, Family Matters, Youth First (these agencies collaborate with PDFC; there are many other agencies in the county).
Local media outlets that reach the community: There are two newspapers and two radio stations in Posey County. In the area, there is one newspaper, four local television stations, and numerous radio stations.
What are the substances that are most problematic in your community? Methamphetamine, alcohol, marijuana, opioids, benzodiazepines, tobacco, and electronic vapor products.
List all substance use/misuse services/activities/programs presently taking place in the community: Southwestern Behavioral Healthcare (group/individual treatment), AA, NA, Posey County Health Department, and Posey County Community Corrections.

Community Risk and Protective Factors

Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.

Risk Factors Examples: trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

Protective Factors Examples: strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.¹

Risk Factors	Resources/Assets	Limitations/Gaps
1. Substance use	1. Southwestern Behavioral Healthcare 2. Support groups 3. Law enforcement	1. Treatment options 2. Transportation 3. Mental/physical health care programs
2. Mental health problems	1. Southwestern Behavioral 2. Insurance coverage 3. Recovery agencies	1. Treatment options 2. Transportation 3. Crisis workers/education
3. Poverty	1. Community agencies 2. Available employment 3. Government programs	1. Housing 2. Transportation 3. Affordable child care
Protective Factors	Resources/Assets	Limitations/Gaps
1. Community Agency Connections	1. Community agencies 2. Local practices/policies 3. Communications	1. Funding for programs 2. Lack of agencies 3. Agency resources
2. Schools	1. School Resource Officer 2. Outside resources 3. Counselors/social workers	1. Staffing 2. Funding 3. Trauma/toxic stressors
3. Law Enforcement	1. Town/city departments 2. County department 3. Prevention activities	1. Staffing 2. Funding 3. Geographic coverage

¹Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

Making A Community Action Plan

Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

Step 1: Create + Categorize Problem Statements

Create problem statements as they relate to each of the identified risk factors.

Risk Factors	Problem Statement(s)
1. Substance use (tobacco products)	1. Adult cigarette smoking is an issue. 2. Use of electronic vaping products by youth is a significant issue. 3. Women smoking during pregnancy is an issue.
2. Substance use (alcohol)	1. Alcohol use and binge drinking in youth are issues. 2. Alcohol-use offense rates are an issue. 3. Number of reports to DCS of alleged alcohol use is an issue. 4. Treatment options for alcohol abuse are an issue.
3. Substance use (drugs)	1. Drug-use offenses are an issue. 2. Marijuana and prescription/OTC drug use in youth is an issue. 3. Number of reports to DCS of alleged drug use is an issue. 4. Treatment options for drug abuse are an issue.

Step 2: Evidence-Informed Problem Statements

Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).

Problem Statements	Data That Establishes Problem	Data Source
1. Use of electronic vapor products by youth is a significant issue (prevention/education)	<p>1. 2018 – 18.5% of high school students and 5.5% of middle school students surveyed in Indiana reported using e-cigarettes. From 2012 to 2018, use in both groups increased 5 fold.</p> <p>2. 2018 – up to 42% of students surveyed in MSDs of Mt. Vernon and North Posey used electronic vapor products in the last month.</p>	<p>1. 2018 Youth Tobacco Survey</p> <p>2. 2018 Indiana Youth Survey</p>
2. Alcohol-use offense rates are an issue (criminal justice services and activities)	<p>1. 2019 – 37 alcohol-use offenses reported (OWI, public intoxication, and minor in consumption).</p> <p>2. 2018 – 43 alcohol-use offenses reported (OWI, public intoxication, and minor in possession).</p> <p>3. 2019 – Excessive drinking was reported in 18% of Posey County adults.</p> <p>4. 2018 – 14 individuals were involved with Community Corrections with an alcohol-related conviction.</p> <p>5. 2018 – DCS received 323 reports of alleged alcohol or drug use.</p>	<p>1. Posey County Statistics provided by Posey County Sheriff Department, Mt. Vernon Police Department, and Indiana State Police</p> <p>2. Statistics provided by Posey County Sheriff Department and Mt. Vernon Police Department</p> <p>3. www.countyhealthrankings.org</p> <p>4. Posey County Community Corrections</p> <p>5. Department of Child Services</p>
3. Lack of substance treatment programs is an issue (intervention/treatment)	One mental health provider for the entire county that is in the southern part of the county.	Not applicable

Step 3: Brainstorm

Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.

Problem Statements	What can be done (action)?
1. Use of electronic vapor products by youth is a significant issue (prevention/education).	<ol style="list-style-type: none">1. Partner with Tobacco-free Posey County and other county organizations to conduct educational programs about the dangers of vaping products for youth and the community.2. Partner with Tobacco-free Posey County and other county organizations to inform youth, teachers, school administrators, and parents about vaping product marketing and availability and inform teachers and parents about product concealment by youth.3. Partner with Tobacco-free Posey County, school districts, and other county organizations to conduct activities during Red Ribbon Week with a focus on vaping products, the dangers and targeting of youth.
2. Alcohol-use offense rates are an issue (criminal justice services and activities).	<ol style="list-style-type: none">1. Collaborate with County Community Corrections to identify resources and materials to increase department efficiency and compliance rates of individuals in correction programs.2. Collaborate with county law enforcement to identify resources and materials for reducing alcohol offense rates.3. Collaborate with county law enforcement to increase the number of check points for OWI.
3. Lack of substance treatment programs is an issue (intervention/treatment).	<ol style="list-style-type: none">1. Partner with mental health and other healthcare providers to identify new or expand existing substance treatment programs.2. Address with mental health and other healthcare providers and community stakeholders barriers to substance treatment.3. Collaborate with mental health and other healthcare providers to identify resources to increase patient compliance in programs.

Step 4: Develop SMART Goal Statements

For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.

Problem Statement #1
Goal 1 To partner with Tobacco-free Posey County Coalition and other county organizations in 2020-2021 to develop educational programs and activities to reduce youth use of electronic vaping products as evidenced by the results of the Indiana Youth Survey (2021/2022).
Goal 2 To engage students in activities and contests about the dangers and targeted marketing of electronic vapor products during Red Ribbon Week in 2020 to enhance knowledge and awareness.
Problem Statement #2
Goal 1 To collaborate with Posey County Community Corrections to identify resources that increase department efficiency and improve compliance of individuals in corrections to increase success rates in 2020-2021.
Goal 2 To partner with county law enforcement to identify resources to enhance capabilities to reduce alcohol-use offense rates in 2020-2021.
Problem Statement #3
Goal 1 To partner with mental health and other healthcare providers to provide new or expand existing substance treatment programs to increase patients receiving treatment in 2020-2021.
Goal 2 To collaborate with mental health and other healthcare providers and community stakeholders to identify substance treatment barriers for Posey County residents and plan for solutions in 2020-2021.

Step 5: Plans to Achieve Goals

For each goal, list the steps required to achieve each

Problem Statement #1	Steps
Goal 1 To partner with Tobacco-free Posey County Coalition and other county organizations in 2020-2021 to develop educational programs and activities to reduce youth use of electronic vaping products as evidenced by the results of the Indiana Youth Survey (2021/2022).	1. Meet monthly with Tobacco-free Posey County and other county organizations. 2. Discuss and develop programs and activities for presentation. 3. Plan specific events in schools and community. 4. Review results of Indiana Youth Survey.
Goal 2 To engage students in activities and contests about the dangers and targeted marketing of electronic vapor products during Red Ribbon Week in 2020 to enhance knowledge and awareness.	1. Meet monthly with Tobacco-free Posey County and other county organizations and collaborate with school districts. 2. Discuss and develop educational materials, activities, and contests.

	3. Engage with school faculty and students in preparation for and during Red Ribbon Week.
Problem Statement #2	Steps
Goal 1 To collaborate with Posey County Community Corrections to identify resources that increase department efficiency and improve compliance of individuals in corrections to increase success rates in 2020-2021.	<ol style="list-style-type: none"> 1. Meet monthly with Community Corrections. 2. Investigate resources available to increase compliance of individuals in programs. 3. Evaluate compliance rates and determine success or further action needed.
Goal 2 To partner with county law enforcement to identify resources to enhance capabilities to reduce alcohol-use offense rates in 2020-2021.	<ol style="list-style-type: none"> 1. Meet monthly with county law enforcement. 2. Investigate resources available to address alcohol-related offenses. 3. Evaluate number of offenses and determine if further action is needed.
Problem Statement #3	Steps
Goal 1 To partner with mental health and other healthcare providers to provide new or expand existing substance treatment programs to increase patients receiving treatment in 2020-2021.	<ol style="list-style-type: none"> 1. Meet monthly with mental health and other healthcare providers. 2. Discuss needs and gaps of existing treatment plans. 3. Discuss possibility of new treatment plans. 4. Discuss ways to fulfill treatment needs.
Goal 2 To collaborate with mental health and other healthcare providers and community stakeholders to identify substance treatment barriers for Posey County residents and plan for solutions in 2020-2021.	<ol style="list-style-type: none"> 1. Meet monthly with mental health and other healthcare providers and community stakeholders to identify barriers. 2. Discuss ways to remove barriers 3. Investigate resources to address needs.

Fund Document

The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).

Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): \$15,232.63		
Amount of unused funds that rolled over from the previous year (\$100.00): \$18,772.36		
Total funds available for programs and administrative costs for the upcoming year (\$100.00): \$34,004.99		
Amount of funds granted the year prior (\$100.00): \$6,171.00		
How much money is received from the following entities (if no money is received, please enter \$0.00): \$0.00		
Substance Abuse and Mental Health Services Administration (SAMHSA):		
Bureau of Justice Administration (BJA):		
Office of National Drug Control Policy (ONDCP):		
Indiana State Department of Health (ISDH):		
Indiana Department of Education (DOE):		
Indiana Division of Mental Health and Addiction (DMHA):		
Indiana Family and Social Services Administration (FSSA):		
Local entities:		
Other:		
Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):		
Prevention/Education: \$8,501.24 (minus \$1,500 already granted)	Intervention/Treatment: \$8,501.24	Justice: \$8,501.24
Funding allotted to Administrative costs:		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Total: \$8,501.23		
Coordinator Salary: \$5,760.00		
Funding allotted by Goal per Problem Statement:		
Problem Statement #1	Problem Statement #2	Problem Statement #3
Goal 1: \$3,500.62	Goal 1: \$4,250.62	Goal 1: \$4,250.62
Goal 2: \$3,500.62	Goal 2: \$4,250.62	Goal 2: \$4,250.62